Are you looking for a therapist to treat your child or teen with Cognitive behavior therapy? Here are some organizations that can help:

**Anxiety Disorders Association of America:** [www.adaa.org](http://www.adaa.org), 8730 Georgia Avenue, Silver Spring, MD 20910, Phone: (240) 485-1001

**Association for Behavioral and Cognitive Therapies:** [www.abct.org](http://www.abct.org), 305 Seventh Avenue, 16th Floor, New York, NY 10001, Phone (212) 647-1890

**Academy of Cognitive Therapy:** [www.academyofct.org](http://www.academyofct.org), 260 South Broad Street, 18th Floor, Philadelphia, PA, 19102, Phone: (267) 350-7683

**International OCD Foundation:** [www.ocfoundation.org](http://www.ocfoundation.org), International OCD Foundation, P.O. Box 961029, Boston, MA, 02196, Phone: (617) 973-5801

Do you suspect that your child has PANS/PANDAS: sudden onset of OCD related to strep or other infections? Here are some resources:

PANDAS Network: [http://pandasnetwork.org](http://pandasnetwork.org)

Association for Comprehensive Neurotherapy
[http://latitudes.org](http://latitudes.org)

International OCD Foundation

Are you looking for resources for your child with Tourette Syndrome?

National Tourette Syndrome Association
[http://www.tsa-usa.org](http://www.tsa-usa.org)

Jim Eisenrich Foundation: For Children with Tourette Syndrome
[http://www.tourettes.org](http://www.tourettes.org)

Are you looking for resources for your child with Trichotillomania (hair pulling)?

Trichotillomania Learning Center
[http://www.trich.org/treatment/resources.html](http://www.trich.org/treatment/resources.html)